



Megan

Megan Muller, CIC

Client Advisor

Mom of Chandler (10) & Merrick (7)

What has been the most stressful aspect of quarantine?

Trying to manage a career while having two school-aged children at home amidst so much unknown and constant change.

How did you cope with that particular challenge?

I am still coping, especially with school starting shortly. I find comfort in organization and planning, which is tough to do when there is continual change. I try to accept each encounter as it comes, whether it is regarding my career or family. I look at the uncomfortable feeling as a challenge to be positive and know in my heart it will work out, as I often do not have an immediate answer/solution.

Describe your family/schooling situation during lockdown.

My husband was laid off for a portion of time, so he did the schooling while I worked. When he went back to work, his company was extremely accommodating to still allow him to teach the children in the morning and have his appointments in the afternoon.

Insurance sales traditionally includes many in-person meetings. How did you adapt to entirely-remote selling?

Zoom was helpful. I truly miss the face-to-face interactions with people.

What did you do to stay connected to your colleagues and clients?

Personal phone calls/texts just checking in. Everyone appreciated the break just to chat and vent.

How do you, personally, stay positive at a time of global uncertainty?

My mantra of late has been "We can do hard things." When I feel any angst about the unknown or yet another change that I need to adapt to, I remember that mantra and find comfort in knowing we are all in this together. We will get through and become stronger through the process.



What has been the most surprising thing you learned or discovered during the quarantine?

How well my children adapted to the situation. I always knew children are resilient, however to see it firsthand is really reassuring that we will all be ok.

Anything else you'd like to share about your 2020 experience so far?

Some of the positive nuggets I have taken away from quarantine:

I really like working in loungewear

I have been able to spend quality time with my family and really like not being "on the go" with constant activities

I have redecorated areas of my house that I have always wanted to

I like working out during lunch break

I like the little extra time that I have not driving to/from work